



Lesson Eleven

Gigajam Drum School Lesson 011 IDS IR

Introducing Rests-Part 1 (Quarter, Eighth and Sixteenth Notes)

Lesson Objectives

- Introduce the concept of Sound and Silence
- Develop the ability to perform rhythms incorporating **Rests**.
- Develop reading skills through the performance of Simple Snare Drum exercises using Quarter Notes, and Eighth Notes.
- Apply reading exercises to simple Fills around the kit.







Sound and Silence

In Music, Sound is represented by Notes and Silence by **Rests**.

We have so far only looked at Notes, their symbols and values. Now we are going to develop our understanding of Rests and how they contribute to creating more interesting and varied rhythms.

We are familiar with Quarter, Eighth and Sixteenth Notes. We now need to be able to recognise the symbols that represent their equivalent Rests.

Accordingly, we have produced the Table below to help.

Note Names	Note Symbol	Rest Symbol	Note Value	Comments
Quarter Notes			1 Beat	Single Note, that cannot be joined to another note.
Eighth Notes			1/2 a Beat	Can be a Single Note, but often found ' beamed ' with another 8th Note to form 1 beat. Also found in groups of 4 8th Notes.
Sixteenth Notes			1/4 of a Beat	Can be a single Note, or in a group of 2 sixteenth notes, but most often found ' beamed ' in a group of 4 sixteenth's.

Recognising Notes, Rests and their Values

There are 4 exercises that follow which help develop familiarity with the new symbols we have introduced.

In the first bar of each exercise there are only notes. In the second bar, we have replaced some of those notes with Rests.

Now, try playing each of the bars whilst counting, making sure that although you still need to count the rest, you don't play it. In other words, that is where we need to place the silences.

I would try counting through each exercise firstly, referring to the Table where necessary and try and play the rhythms in both bars.

Watch the videos and then, as always play along with the media files that accompany the exercises and check the sound against what you are playing.

As always you can slow the media files down and repeat single bars round and round. But do use them to help you understand the Notation of the Rests and how it affects the Rhythm.

Students often say that they don't know whether they are getting it right. Use the media files to confirm that you are.

Study One-Understanding Quarter Note and Eighth Note Rests

Exercise 1 lesson011.idsir.01



1 2 + 3 + 4 e + a

2 + + 4 e + a

Exercise 2
lesson011.idsir.02



1 + 2 + 3 e + a 4 e + a

+ + 3 e + a 4 e + a

Exercise 3
lesson011.idsir.03



1 e + a 2 + 3 4 e + a

1 e + a + 4 e + a

Exercise 4
lesson011.idsir.04



1 2 3 + 4 +

1 3 +

Developing Reading Rests

Now that you are beginning to recognise Rests, lets incorporate them into a reading exercise to be played, again, on the Snare drum.

You should take each bar as an exercise in the first instant, going slowly through it, making sure you understand the position of each of the Notes and Rests in the bar and then play the rhythm.

Try then to group a couple of bars together, or maybe a line at a time and see how you get on moving from bar to bar. Remember you can loop any bar, or group of bars should you wish too.

Finally, try and play the whole exercise straight through, trying not to stop.

Study Two-Applying Rests in a short Snare Drum Study

Exercise 5 lesson010.idsir.05



Incorporating Reading Rests into Fills

Now that you are feeling more comfortable with the rhythms the addition of rests create, lets apply them to the kit, developing Reading, Movement and the ability to link Grooves and Fills together smoothly.

The next exercise takes the Snare Drum rhythms above and places a bar of groove in front of each bar of rhythm to create Fills around the kit. This is the same process we applied in Lesson 4.

Study Three-Applying Rests to Fills around the Drum kit

When playing the fill follow this pattern:

Beat 1 (Snare) Beat 2 (Hi Tom) Beat 3 (Mid Tom) Beat 4 (Lo Tom)

Exercise 6

lesson010.idsir.06

